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## ABOUT US

Hercules de Ediciones, is the most important of the three publishers that make up the Hercules Global Group. Headquartered in A Coruña (Galicia), it has been in existence since 1985, and has more than 30 years of experience in publishing and marketing books throughout Spain, and with more and more presence abroad.

The three companies were born with the same purpose of publishing the best reference collections about the three regions of Spain where they have presence (Galicia, Asturias and Andalusia).

Already in the XXI century, Hercules undertakes new challenges and expands its scope of action through two editorial aspects: on one hand, large format books, with a graphic part and very careful editions. On the other hand, the edition of books of current issues and children's and young adults' literature.

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# P I C T U R E B O O K S

© Estefanía Padullés from the book *El deseo del Gato Klops* >





## 25 recipes of SLIME

Author and illustrations: Adrián Pérez Rama



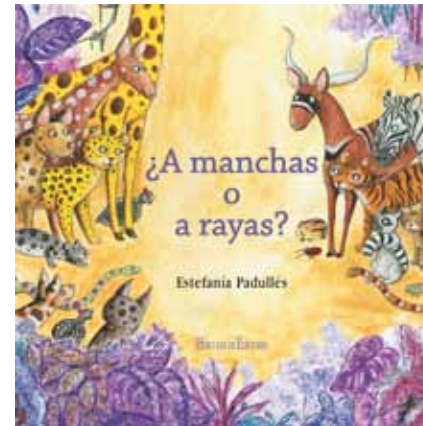
25 recipes of SLIME is here! With this book you can create your own SLIME, the homemade toy that is sweeping our streets, schools ... and on the Internet. Its different textures, shapes and colors will leave you impressed. All recipes are WITHOUT BORAX! Adrián, from the YouTube channel "Artistadas en casa" will teach us in this book how to make 25 types of SLIME, as well as many tricks, tips and everything you need to know about this funny homemade toy. Are you a SLIME fan? If so, this book is PERFECT for you. Still do not know what the SLIME is? Open this book and let yourself BE SURPRISED The author is Adrián Pérez Rama, from the YouTube channel "Artistadas en casa" What is "Artistadas en casa"? "Artistadas en casa" is an entertainment YouTube channel. Most of his videos are dedicated to the creation of SLIME of different colors, sizes, textures, etc., although he also uploads DIY'S videos, tricks, CHALLENGES and MUCH MORE. His style has captured the attention of many people who have felt inspired or entertained by its content. Without a doubt, if you are a fan of doing SLIME this channel is for you.

Title: 25 recetas de SLIME  
16,5 cm x 24 cm. 56 pp.  
Rights available for all languages



## SPOTTED OR STRIPED?

Author and illustrations: Estefanía Padullés



Once upon a time there was a jungle in which all its inhabitants had stained skin. Their lives were very happy, except for one thing: they were very afraid of the striped animals that lived in the jungle on the other side of the river. But one day, Leopardo goes out to explore ...

A STORY WITH SPOTS  
AND STRIPES TO LEARN  
TO RESPECT THE DIFFERENCE

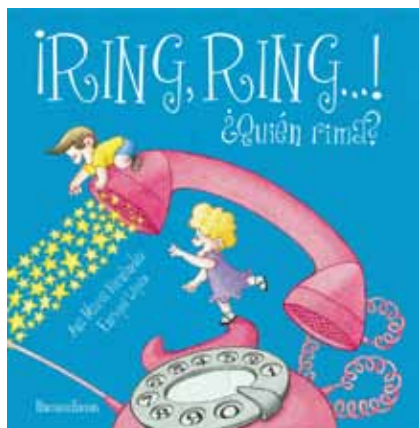
Title: ¿A manchas o a rayas?  
20 cm x 20 cm. 32 pp.  
Rights available for all languages



## RING, RING ...! WHO RHYMES?

Author: Ana María Fernández

Illustrations: Enrique López



Title: ¡Ring, ring...! ¿Quién rima?  
20 cm x 20 cm. 56 pp.  
Rights available for all languages

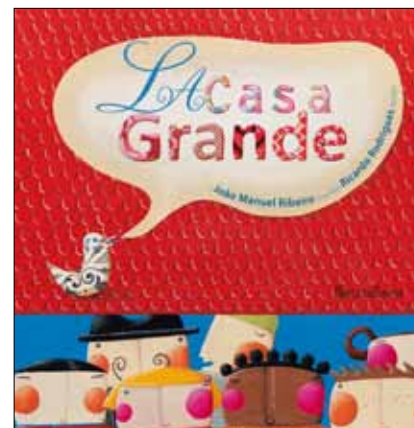
Our lives are immersed in a beautiful and varied world. This idea is the starting point of the forty-six poems that this work offers. The verses serve as a guide to visit very different spaces and to germinate sensations that help contemplate the surrounding reality with new perspectives. Riding on rhymes, we will travel through countless landscapes ... the land and the mountains, the cradle and for the moon, the ground and for the sky, with trumpets and operettas, with giraffes and glasses, with whales and sirens, with friends, with friends, with pirates ... and with you! With this book you can dream, you can laugh, you can dance, you can feel ... With Ring, ring ...! Who rhymes? ... you can live.



## THE BIG HOUSE

Author: João Ribeiro

Illustrations: Ricardo Rodrigues



Title: La Casa Grande  
20 cm x 20 cm. 36 pp.  
Rights available for all languages

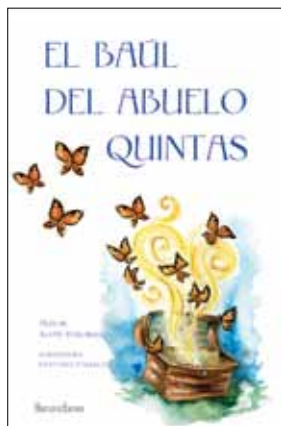
In La Casa Grande, João Manuel Ribeiro presents a "Manifesto of Citizenship". It deals with plurisignificative topics, such as different languages, latitudes, cultures, colors and religious beliefs. The writer appeals to the small readers to share feelings such as love, truth and forgiveness. He invites them to participate in this challenge, which is the fight for the conquest of a universal language, new and common to all those who respect difference. La Casa Grande is a metaphorical album where you can learn to be a great citizen who dreams without fear of aging and lives with intensity. The illustrations of Ricardo Rodrigues, in a particularly happy way, recreate the key moments of the text, as well as contemplate aspects that the verbal component does not include, enriching it.





## MY GRANDFATHER'S COFFER

Author: Xoán Babarro  
Illustrations: Estefanía Padullés



"I got used to seeing that old chest abandoned in an inaccessible place of the room and I began to fill it with the dreams of my distant grandfather. I imagined them floating like butterflies on tiny clouds. What could happen if we lift the lid? Would dreams fly away? When the decisive moment arrived and I opened it, I was surprised to see in its interior a lot of poems written on birch bark. Would my grandfather's dreams really be enchanted in the form of verses?"

Thanks to them I was able to discover a secret palace for my illusions. Read this book and try to find the ideal place for yours".

Title: El baúl del abuelo Quintas  
14 cm x 21 cm. 80 pp.  
Rights available for all languages



## HEALTHY LIFE!

Author: María Corbacho  
Illustrations: Enrique López



Why are fats so bad?  
 In what foods do we find proteins?  
 Why they you say you have to drink a lot of water?  
 Do you want to learn how to prepare some healthy and fun recipes?  
 How can we do more exercise in our daily lives?

To grow, to have strength and not to get sick, we need to eat several times a day and in a varied way, in addition to exercise and lead an active life.

Have you ever looked in the mirror and seen a thousand flaws?

Has anyone messed with you for your weight?

Taking care of yourself through food and exercise is only a small part of healthy living: loving oneself and respecting oneself is the most important thing, and we should start doing it from the beginning of our lives.

In Healthy Life! you will find a book of basic nutrition and healthy recipes, but also a manual of love for children, so that they learn to live healthy from today and forever.

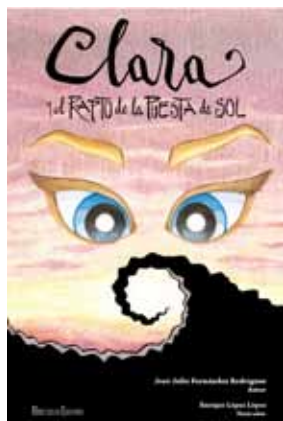
Title: ¡Vida sana!  
22 cm x 30 cm. 40 pp.  
Rights available for all languages



## CLARA AND THE RAPTURE OF THE SUNSET

Author: José Julio Fernández Rodríguez

Illustrations: Enrique López

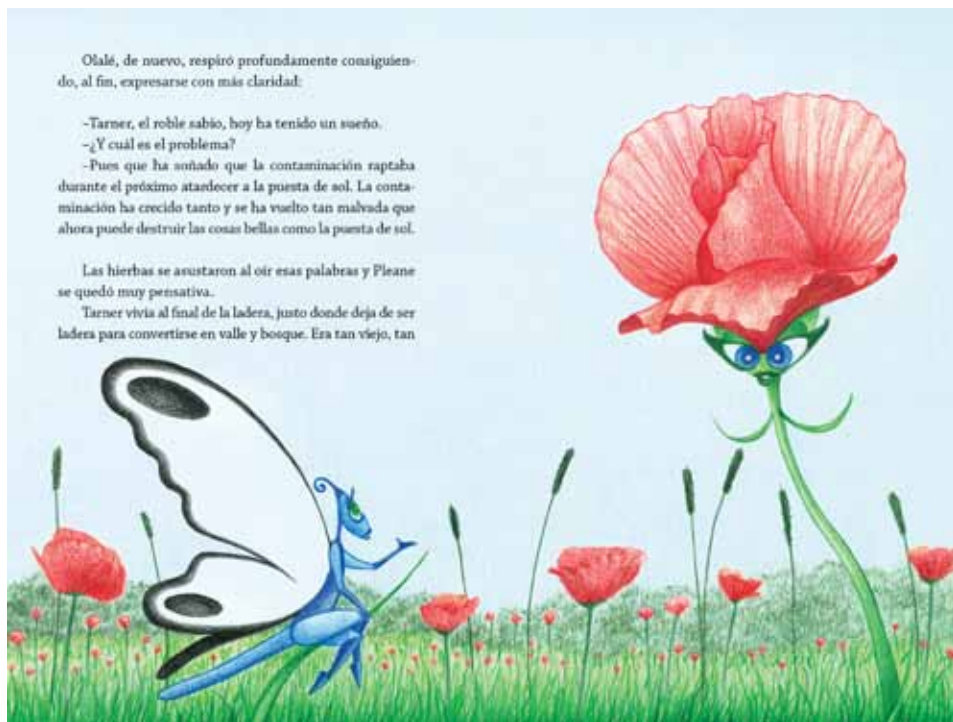


A great disaster is about to occur because of the evil pollution: the beautiful sunset is in danger. Only Clara can prevent it, but she still does not know ... Her friends in the forest will be essential to help her in this complicated mission.

“A fascinating adventure about bravery, the power of cooperation and the importance of caring for our planet”

“A story that becomes a true lesson in teamwork and the audacity of Clara in the face of the dangers of people-caused pollution”

Title: Clara y el rapto de la puesta de sol  
14 cm x 21 cm. 88 pp.  
Rights available for all languages



## IS IT CORRECT?

The most fun and simple protocol guide for adults and children

Author: Concha Blanco & María Canosa

Illustrations: Paula Mayor



Title: ¿Será correcto?

La guía de protocolo más divertida y sencilla para mayores y pequeños  
22 cm x 17 cm. 88 pp.

Rights available for all languages

Do I have to get up when someone is introduced to me?  
Can I rest my forearms on the table when I'm eating?  
Can my father accompany me to a job interview?  
What do I take as a gift if invited to eat at a house?

All these questions and many more have their answer in “Is it correct?”; A fun and easy guide, easy to read and manage and that will surely help to get the reader.

“Is it correct?” Is intended for adults, parents, teachers ... for lack of good manners is a matter of concern for the latter. But it is also child-oriented, as we are clear that it is better to learn good manners than small ones.

“Is it correct?” It is not a typical book of protocol or content —do not expect to find here how we dress for the red carpet—, or its design, with casual illustrations that invite us to approach the world of good manners in a fun way.





## MY GRANDFATHER, KING OF THE SMALL THINGS

Author: João Manuel Ribeiro

Illustrations: Catarina Pinto



*I have no throne, crown, or palace like the kings of the world. I am a king unlike any other. I am king of myself and of my own life. Being king, I am lord of all that belongs to me.*

*That is what it means to reign. I reign over my life, decide what to do, when and how to live. Kingdom over my thoughts and ideas. And I like to look at things, not how they really are, but how they could be or how I wish they were.*

*What I do is simple: I dream, I transform reality, I give free rein to the imagination. I do it in such a way that I do not know exactly where the real ends and the fantasy begins.*

*I did not understand half of what the grandfather told me, but I loved the way he spoke, his eyes flooded with joy, the simple gestures and the posture of a king. I thought: "Grandfather is king!" Long live the king! Long live the grandfather!*

Title: Mi abuelo, rey de las pequeñas cosas

14 cm x 21 cm. 80 pp.

Original in Portuguese. Rights sold to Italy and Slovenia. Other languages available



## MAX AND LEA

Author and illustrations: Estefanía Padullés



Title: Max y Lea

30 cm x 22 cm. 32 pp.

Rights available for all languages

Max is a Tyrannosaurus rex; A dinosaur very big and very strong, and with a lot of fangs, so nobody dares to mess with him.

But at night things change ... and is that Max is very afraid of the dark.

Fed up with this situation, Max decides to ask for help to all the dinosaurs he knows ... but it seems that no one can solve his problem.

When Max is about to give up, little Lea crosses her path.

Can Lea help him?

Will Max succeed in finally conquering his fear of the night?



De los que sí se acordó Max fue de sus amigos, los grandes dinosaurios, y fue a buscarlos a sus refugios para que Lea les mostrara también a ellos lo bonita que era la noche. Cuando salieron y vieron la luna y las estrellas, se olvidaron del miedo, como le había pasado a Max.



## THE SONG OF THE SUN

Author and illustrations: Estefanía Padullés



Title: La canción del Sol  
32,5 cm x 22,5 cm. 24 pp.  
Rights available for all languages

Perico is a rooster who lives on a farm in the mountains. He is always the first to wake up because his job is to sing a song to call the sun.

But one day Perico falls asleep, and the sun does not come out. Willing to solve this problem, Perico embarks on a paper boat trip to find the Sun and sing him his song.

Can he find the sun? Will Perico's song make the sun come out again?



## ASTROPAL. A COMET WITH A HEART

Author: José Julio Fernández Rodríguez

Illustrations: Laura González González



Title: Astropal. Un cometa con corazón  
32,5 cm x 22,5 cm. 16 pp.  
Rights available for all languages

Astropal is a courageous comet that runs endlessly across the galaxy. One day, suddenly, he encounters a strange object.

With your wit and kind heart you will have to face a problem ...

Will he solve it?





## CELIA'S SLIPPER

Author: Concha Blanco

Illustrations: Dani Padrón



On the shelf of a store lives a slipper in the shape of a cow.

People go by and look at it, but they just ignore it ...

Until one day Celia enters and falls in love with her black and white spots.

But, fatality! The sneakers are pair and they are not sold one at a time!

Will Celia finally get her slip-on?

Title: La pantufla de Celia  
20 cm x 20 cm. 40 pp.  
Rights available for all languages



## COSMO AND THE LOST STAR

Author and illustrations: Marcos Neila Muro



Cosmo is a collector of stars that keeps them with him and brings them shine every day. But one day he misses a copy of his collection ... and discovers a trail that goes from the shelf to the window, so he goes on his quest.

Cosmo asks his friends, neighbors, acquaintances, but nobody seems to listen to him. Until an old sun living nearby explains what is happening ...

Title: Cosmo y la estrella perdida  
20 cm x 20 cm. 60 pp.  
Rights available for all languages



## THE DESIRE OF CAT KLOPS

Author and illustrations: Estefanía Padullés



Title: El deseo del gato Klops  
27 cm x 17,5 cm. 32 pp.  
Rights available for all languages

This graphic album relates, through the text and the magnificent illustrations, what happened to a nice domestic cat:

The cat Klops discovers a star and thinks about asking him a wish, but he does not

just decide: to become a dragon? In monster In bird

And suddenly a brilliant idea comes to mind...

What have you finally asked for?

And, most importantly, will the star have given him his wish?



—Las estrellas conceden deseos, pensó Klops, acercándose con cuidado. Intentó tranquilizarse para pensar un buen deseo que pedir, ya que era la primera vez que le pasaba algo así.



## Colección: Las amistades de Hércules / / Hercules and Friends

*Las Amistades de Hércules* comprises biographic novels of famous figures renowned for their prestige in diverse cultural environments, such as literary persons, fine artists, sculptors, filmmakers, architects, musicians, and aims to bring their dreams, efforts and achievements closer to children, teens and young adults.



### RECOMMENDED AGES:

- From 6 to 9 years
- From 10 to 14 years
- From 15 years

## Colección: Los imperdibles de Hércules / / Hercules and the Unmissables

*Los Imperdibles de Hércules* consists of a careful selection of universal works of literature, in the form of classic adaptations and translations. However, the focal point of this series has been the latter: the translation of indispensable Children's books and Young Adult Literature of any period, which remains unpublished in Spanish or Galician, and can incite and engage children, teens and young adults today.



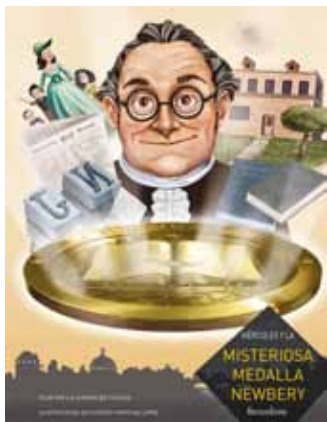
### RECOMMENDED AGES:

- From 6 to 9 years
- From 10 to 14 years
- From 15 years

## HERCULES AND THE MYSTERIOUS NEWBERY MEDAL

Author: Flor-de-lis González Mujico

Illustrations: Ricardo Martínez López



In this new adventure, Hercules discovers the existence of an important prize that is awarded annually to the best books for children and adolescents, and finds out that the prize owes its name to John Newbery, but ... does not know who he is! Searching on the Internet, he finds out that Newbery was a bookseller, editor of newspapers ... but, above all, a pioneer, since he is the first editor of Children's and Juvenile Literature of History.

Intrigued by the life of such an illustrious personage, Hercules decides to program his time machine and to travel to eighteenth-century England to meet him in person. After her visit, Hercules learns, among other things, to respect the work of creators and publishers who succeed in making young people dream of their paper stories.

Title: Hércules y la misteriosa medalla Newbery  
17 cm x 22 cm. 56 pp.  
Rights available for all languages



cuando me apetecía con ninguno de los libros que nos rodean. Tenía que depender de los que me prestaba el hacendado del pueblo.

— Entonces no era tan tiránico. Por lo menos apoyaba la difusión de la lectura.  
— Bueno, quizás su carácter tiránico se limitase más a los asuntos de negocios y de dinero. Pero realmente fue su esposa la que hizo posible que yo disfrutara de algunos clásicos como este o de Los viajes de Gulliver, de Jonathan Swift. Cada primero de mes, mi padre me llevaba con él a la casa del hacendado Smith para pagar el alquiler y firmar algunos papeles. Mientras ellos hacían sus gestiones, la señora Smith me llevaba a la biblioteca de la mansión, y me dejaba esperar allí, donde podía leer un fragmento de cualquier libro hasta que me reclamaba mi padre. Aquella biblioteca era lo más bonito que había visto en mi vida. De camino allí siempre rezaba para que mi padre tuviese algún problema y así poder prolongar mi estancia el mayor tiempo posible en aquella mágica habitación.

Hércules miró a su alrededor y le dijo:

— ¿Fue aquella biblioteca su inspiración para esta?

— Puede ser. Aunque en aquella biblioteca todo estaba mucho más ordenado y todo era más opulento, hasta el reloj artesano en la pared, que me recordaba sin piedad lo poco que me quedaba en aquella sala y que pronto tendría que regresar a mi pobre realidad. Al despedirnos, la señora Smith siempre me prestaba el libro que había escogido ese día, para que lo pudiese terminar de leer en casa. Y yo se lo devolvía al mes siguiente, cuando regresábamos.

— ¿Y en el colegio no tenían libros para leer?

— Recibí una educación muy elemental; bueno, la que le correspondía entonces a los hijos de agricultores. En mi escuela nos enseñaron lo básico: a leer, a escribir y algo de matemáticas. Pero los recursos del colegio eran inexistentes, y se limitaban a darnos una pequeña libreta. ¿Cómo disfrutaba yo de aquella libreta! Me encantaba anotarlo todo, en especial los libros que tenía pendientes de leer: una costumbre que, debo admitir, me lleva persiguiendo desde que era pequeño. Siempre ando con bolígrafo y libreta en mano; y, a lo largo de mi vida, mis listas de «pendientes» han sido impresionantes. Aunque ahora anoto muchas más cosas, desde lo que tengo que leer a lo que tengo que imprimir, publicar, delegar, comprar o vender.

## HÉRCULES DISCOVERS ELENA FORTÚN

Author: Carmen Ferreira Boo

Illustrations: Lucía Baeza Lago



In this new title of the series "Hercules and Friends", the protagonist discovers a book titled "Celia, what it says". It caused him so much laughter that he decided to travel in time to meet his author, Elena Fortún.

Elena was an imaginative, romantic, curious and very restless girl, who as an adult became a successful children's story writer.

Title: Hércules descubre a Elena Fortún  
17 cm x 22 cm. 24 pp.  
Rights available for all languages



### Sueños de retorno y soledad

Pero aunque intentó rehacer su vida, Elena añoraba su país y cuando tuvo oportunidad regresó definitivamente a España, se estableció en Madrid, reanudó estudios y continuó con su actividad literaria, hasta que su vida se apagó en 1952 a causa de una enfermedad.

El pueblo de Madrid en 1957, agradecido por su aportación intelectual y literaria, decidió dedicarle la escultura que estás viendo".



## HÉRCULES TAKES A WALK WITH GLORIA FUERTES

Author: Matilde María Varela Ben

Illustrations: Iratxe López de Munáin



Hercules discovers Gloria Fuertes as she recites poems with her hoarse voice on a television program.

Excited to meet the children's poet, he invites her to wander through the memories of his childhood and youth, when, very modern, he was on a bicycle dressed in a skirt and tie. Gloria loves to invent and "disentangle" stories, make crazy plays of words, create quirky characters and feel loved. And he even dares confess his funniest pranks!

Title: Hércules pasea con Gloria Fuertes  
17 cm x 22 cm. 32 pp.  
Rights available for all languages



## HÉRCULES AND THE MAGICAL BOX OF ANA MARÍA MATUTE

Author: Clara Arranz

Illustrations: Higinia Garay



In one of his travels in time, the intrepid Hercules has the opportunity to meet the writer Ana María Matute and her Gorogó doll. Do not you find it astonishing that Gorogó, the old doll of this passionate fantasy, comes alive? From the hand of this accomplice, Hercules walks the life of an advocate of three things with a reputation of little importance: children's literature, stories and happiness. An adventure to approach an indispensable creator ...

Title: Hércules y la caja mágica de Ana María Matute  
17 cm x 22 cm. 32 pp.  
Rights available for all languages



## HÉRCULES AND THE TIME MACHINE

Author: Clara Arranz & Matilde María Varela Ben  
Illustrations: Kika Hernández



Hercules has entrusted to his friend Cronos a time machine to travel and to live new adventures ... and is that he misses his old trips around the world! While waiting, he decides to tell us his story, full of fascinating episodes, what do you think if we read what he tells us about his life and the many feats that have made him immortal?

Title: Hércules y la máquina del tiempo  
17 cm x 22 cm. 32 pp.  
Rights available for all languages



## HÉRCULES VISITS ÁLVARO CUNQUEIRO

Author: Matilde María Varela Ben  
Illustrations: Minia Martínez Seijas



Our protagonist Hercules travels in his time machine to Mondoñedo, the birthplace of Álvaro Cunqueiro. To his surprise, the statue of the writer comes alive and accompanies him in this fun adventure. Together they are transported to other Galician cities full of memories. In a magical environment, Cunqueiro boasts of having achieved with his work that Galicia last a thousand more springs. And with that its true or heat: to dream.

Title: Hércules visita a Álvaro Cunqueiro  
17 cm x 22 cm. 32 pp.  
Rights available for all languages





## THE LITTLE COLONEL

Author: Annie Fellows Johnston

Illustrations: Paula Mayor



The story that Hercules recommends this time is in the American state of Kentucky. A witty little girl (Lloyd Sherman) and her dog (Fritz) sneak into the property of an old, sullen colonel. The initial anger of the man soon gives way to a great complicity between them, until Lloyd's father returns from his business trip to the West. From then on, the relationship between the girl and the colonel is put to the test ...

Title: La pequeña coronel  
17 cm x 22 cm. 80 pp.  
Rights available for all languages



Unos minutos después, una decidida y pequeña figura se deslizaba camino abajo entre las estacas de la valla del jardín y los arbustos de granádas.  
—Ahora camina de puntillas, Fritz —ordenó la pequeña coronel—, o nos mandarán volver.  
Mamá Beck, ocupada con sus tartas, supuso que la niña estaba con su madre en el sombreado porche cubierto de vinodoleros.  
No había estado canturreando como el tal cosa si podiese ver lo que sucedía en la carreta a medio kilómetro de allí.  
La pequeña coronel se sentó sobre unos fruteros al lado de la vía del ferrocarril, y deliberadamente se quitó los zapatos y los calcetines.  
—Como un pequeño negro! —dijo con alegría al tiempo que entablaba sus pies desnudos—. Mamá Beck dice que debo comportarme mejor, pero esto es tan agradable!  
Nadie sabe cuánto tiempo hubiera estado allí sentada, disfrutando del placer prohibido de arrastrar sus sucrosos dedos por el pavimento caliente de la vía, si no hubiese escuchado ruido de cascos de caballo acercándose rápidamente.  
—Fritz, es el abuelo! —susurró la niña, alarmada al reconocer la erguida figura del jinete enfundado en su impenetrable traje blanco de algodón.  
—¡Chist! ¡Tumbate en la hierba, rápido! ¡Tumbate, le digo!  
Ambos se arremuscaron todo lo posible y permanecieron allí, jadeando por el esfuerzo de mantenerse en silencio.  
En ese momento, la pequeña coronel levantó la cabeza con cautela.  
—¡Oh, se dirige camino abajo! —exclamó—. Ahora ya le pueden levantar.  
Tus un momento de reflexión, preguntó:  
—Fritz, ¿te gustaría coger algunas fresas y ser castigado por escarapato, o no ser castigado pero no comer ninguna de esas deliciosas fresas?

## THE SPIDER AND THE SILKWORM

Author: Mar Fernández Vázquez

Illustrations: Jon González Arroyo



Our friend Hercules finds a few pieces of paper inside a house in Tenerife, and he can not avoid the temptation to read them. Thus he discovers the story of a silkworm and a spider who work hard at their tasks. And although the spider mocks the worm by how slow it is, it goes on without even knowing it. A story that teaches us that the quality of a work is judged by the result obtained and not by the speed with which it has been performed.

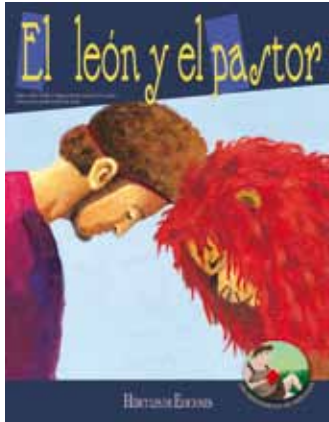
Title: El gusano de seda y la araña  
17 cm x 22 cm. 24 pp.  
Rights available for all languages



## THE LION AND THE SHEPHERD

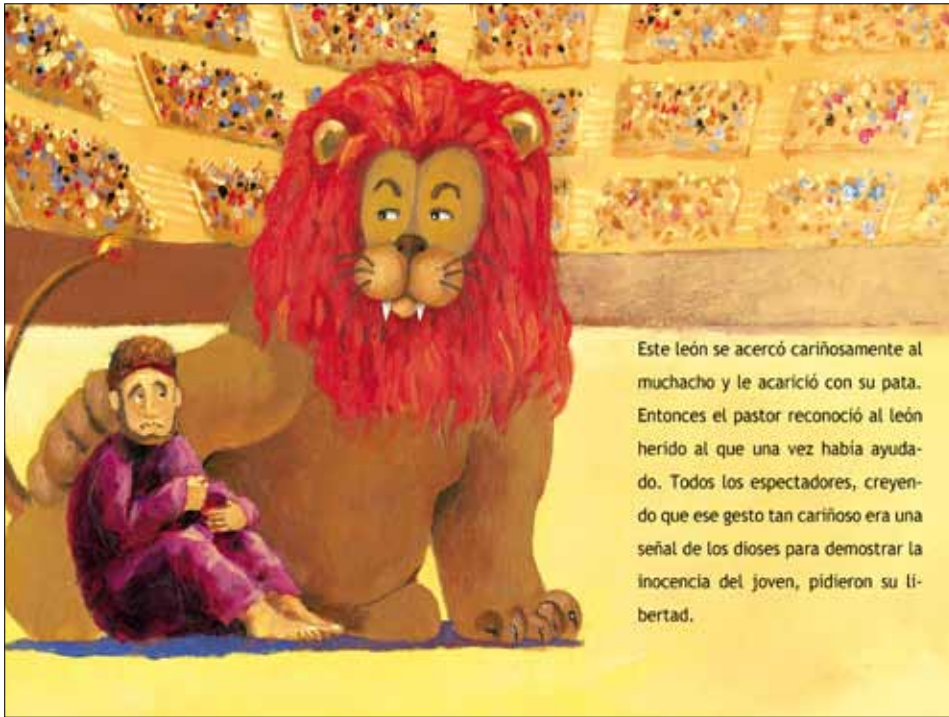
Author: Carmen Ferreira Boo

Illustrations: Minia Martínez Seijas



The African savannah is the setting for this new story that our friend Hercules suggests to us. The lives of a lion and a shepherd cross each other casually-not just once but twice-a story that teaches us that our good deeds will always be rewarded.

Title: El león y el pastor  
17 cm x 22 cm. 24 pp.  
Rights available for all languages





# non FICTION BOOKS



## GALICIA DISCOVERING PARADISE

Author: Matilde María Varela Ben

Illustrations: José Salgado, Antón Rodicio, Xulio Correa Corredoira



Title: Galicia descubriendo el paraíso/Galicia discovering paradise  
24 cm x 16,5 cm. 128 pp.  
Original in Spanish and English. Other languages available

This book has its origin in the repeated suggestions and requests of many booksellers so that we publish a book on Galicia with the quality of Hercules and at a very affordable price; Well, we have listened to them and Galicia: Discovering Paradise is the result.

The reasons they gave us were that many "cruiseers" request these types of books, and also Erasmus students who come to Galicia

are looking for a book of these characteristics to carry as a souvenir of their stay in Galicia upon returning to their countries.

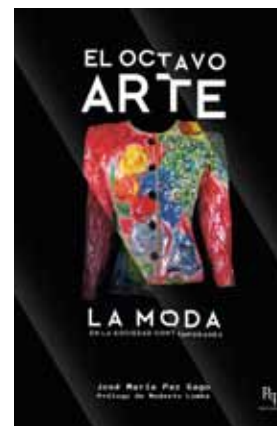
Precisely for this reason the book has also been published in English (Galicia: Discovering Paradise), so that the brief texts that describe and complement the photographs, can be understood in all the countries of origin of the thousands of people who visit us every year.

It is very difficult to express through a volume of this format the infinite beauty that Galicia treasures; The selection becomes difficult because it would take ten large-format books to collect it, but at least we believe that Galicia: Discovering Paradise - with the fantastic photographs by José Salgado, Antón Rodicio and Xulio Correa - is a small index, a synthesis of the beauty of this paradise called Galicia.



## FASHION. THE EIGHTH ART

Author: José María Paz Gago



Title: La moda. El octavo arte  
16,5 cm x 24 cm. 224 pp.  
Rights available for all languages

The ultimate goal of this book is to think fashion. To think fashion in order to understand it and to reveal its hidden mysteries.

In these pages, an intellectual history of fashion is outlined. It analyzes the ideas of philosophers, writers, sociologists, psychologists, and semiologists in its five stages: Beginnings, Art-à-porter, Prêt-à-porter, Trend-à-porter and Net-à-porter, to come to the conclusion that fashion is art, art of seduction.

One of the greatest fashion designers of all time, Cristóbal Balenciaga, already considered himself a total artist, practicing an art that synthesizes all the others.

This vision of fashion as a synthesis of the other arts justifies the label claimed by the author for fashion in this book: Eighth Art.



### INTRODUCCIÓN

No es este un ensayo sobre la moda al uso. Lectoras y lectores no encontrarán aquí ni una guía de estilo y tendencias ni un manual para ser el más elegante o para seguir con éxito garantizado la moda más cool. Tampoco contienen estas páginas ni una pormenorizada historia del traje ni las consabidas biografías de los grandes diseñadores, con la exposición de sus vidas y milagros o sus frases y boutades más célebres y repetidas, junto a sus aportaciones al universo fashion que si tendrán, de una u otra forma, reflejo en estas líneas.

Citar e incluso tratar con detenimiento a los grandes creadores de la historia de la costura sería tarea imposible, inabarcable e innecesaria en un libro como este que trata de acercarse a la moda como un amplio sistema social, y cultural, con una dimensión esencialmente comunicativa y estética. Desentrañar la naturaleza artística de la moda es penetrar en la cara más atractiva de un fenómeno tan fascinante como seductor.

Pensar la moda es ese el objetivo principal de esta obra. Pensar la moda para entenderla y para develar sus misterios ocultos y sus enigmáticas entretelas. Tratar de explicar su extraordinario poder de encantamiento y la inefable atracción que ejerce sobre todo tipo de personas, usuarios y clientes, gentes del común o fashionistas de todo género y condición constituye un desafío arriesgado pero necesario.

Mi intención es reflexionar aquí sobre un sistema vital para la sociedad contemporánea, este sistema de la moda de tal modo intensificado y potenciado en las tres últimas décadas que determina decisivamente el devenir actual, de lo que llamo la postcontemporaneidad. Si el XX fue definido como el siglo de las siglas, el XXI configura la centuria de las marcas, esos superconos que fusionan moda y marketing para invadir y conquistar nuestras vidas y nuestras sociedades permanentemente interconectadas.



## KEYS TO DRESS WELL WITHOUT BEING RUINED IN THE TRYING

Author: Begoña Peñamaría Marcos



What do I wear to go to a wedding? And to go to a job interview? What accessories do I choose for a day dress? How do I dress according to my age and my physical configuration?

Surely you've done all these questions more than once. To answer them, Begoña Peñamaría -designer and fashion businesswoman, as well as writer-, offers you in this manual the keys to be seen in an appropriate way in all moments and facets of life. You will also find other tips that will help you build a good wardrobe, to buy in the sales, etc.

Title: Claves para vestir bien sin arruinarnos en el intento  
16,5 cm x 24 cm. 152 pp.  
Rights available for all languages



## CLICK AND COOK HEALTHY!

Author: María Corbacho

Illustrations: Paula Mayor



After the success of Click and live healthy!, with thousands of copies sold, María Corbacho approaches more closely the world of healthy cooking in CLICK AND COOK HEALTHY!, a healthy recipe book with which you will learn how to cook healthy dishes, but also fun and original, and with which you will feel good inside and out. Although it is a recipe book, in CLICK AND COOK HEALTHY! you will find many more things: the fundamentals of healthy living, nutritional pictures, tricks to combat the much feared anxiety, ideas to dress according to your silhouette or tips to make the ideal shopping list. In addition you will find pages with fun tests on your lifestyle and your current eating habits, or with plans to organize your own weekly menus.

But a book by María Corbacho would not be complete without a part dedicated to motivation, and thus you will see inspirational phrases and illustrations, reflections and positive thoughts, which as the author says are other "keys to achieving the purpose of healthy life, Because EVERYTHING STARTS IN YOUR MIND AND IN YOUR THOUGHTS".

Title: ¡Haz click y cocina sano!  
16,5 cm x 24 cm. 184 pp.  
Rights available for all languages



## CLICK AND LIVE HEALTHY!

Author: María Corbacho

Illustrations: Paula Mayor



Title: ¡Haz click y vive sano!  
16,5 cm x 24 cm. 184 pp.  
Rights available for all languages

Click and live healthy! does not contain miraculous or medical formulas, but the key to the author's experience is to stimulate us: recognizing that we have a problem is the first step in learning how to live differently and to maintain the patterns acquired forever. Because true transformation does not begin the day you change your eating, but the one that changes your way of thinking.

Stories of personal improvement, positive thoughts, exercise guidelines and recipes make up this manual of self-love, this guide to learn to love oneself, to live in a healthy way forever and, especially, to really believe that we deserve a healthy body in a healthy mind.



"Porque nadie puede saber por ti. Nadie puede buscar por ti. Nadie puede hacer por ti lo que tú mismo debes hacer. La existencia no admite representantes". (Jorge Bucay)

Pero no hay que obsesionarse: cuanta más presión, ansiedad y estrés, más se aleja el objetivo final de conseguir empezar una vida saludable.

Perder peso debe ser siempre consecuencia de que uno mismo esté preparado para alcanzar esa meta sana. De volver a mirarte al espejo y decir: ¡Me quiero!

El mayor consejo que alguien te puede ofrecer cuando decides dar un paso tan importante en tu vida como es cambiar la forma de alimentarte, es que lo hagas por ti mismo. Y aquí podría terminar este libro, porque es la máxima de cualquier dieta.

No es fácil. Todo el mundo te dice que te centres en ti, pero después espera que pienses primero en los demás, porque si no eres un egoísta. Contradicciones. Pero hay veces en las que hay que pensar en uno para aprender a quererse. No a comer, sino a quererse y respetarse.

Me encantaría poder deciros que ha llegado vuestro momento, que tenéis que hacer tal cosa para que eso suceda y poder emprender vuestro camino hacia una alimentación sana, pero es algo que cada uno siente dentro de sí. Nunca en el mismo momento pero sí con el mismo sentimiento.

Porque antes o después, por una cosa o por otra, *CLICK* salta siempre y, lo más importante, definitivamente.



## CHILDREN WITH SPECIAL CAPACITIES

Author: Pablo Pineda



Title: Niños con capacidades especiales  
16,5 cm x 24 cm. 184 pp.  
Rights sold to Germany, Chile and Costa Rica

After the success of Click and live healthy!, with thousands of copies sold, María Corbacho approaches more closely the world of healthy cooking in *CLICK AND COOK HEALTHY!*, a healthy recipe book with which you will learn how to cook healthy dishes, but also fun and original, and with which you will feel good inside and out. Although it is a recipe book, in *CLICK AND COOK HEALTHY!* you will find many more things: the fundamentals of healthy living, nutritional pictures, tricks to combat the much feared anxiety, ideas to dress according to your silhouette or tips to make the ideal shopping list. In addition you will find pages with fun tests on your lifestyle and your current eating habits, or with plans to organize your own weekly menus.

But a book by María Corbacho would not be complete without a part dedicated to motivation, and thus you will see inspirational phrases and illustrations, reflections and positive thoughts, which as the author says are other "keys to achieving the purpose of healthy life, Because EVERYTHING STARTS IN YOUR MIND AND IN YOUR THOUGHTS".



"Y ahora, muchos os preguntarán: ¿cómo se consigue ese equilibrio?"

— Primero, hay que tener la conciencia tranquila, saber que lo que estás haciendo es bueno para ti y para los demás, y por tanto estar satisfecho de ello y no sentirte culpable por nada ni en deuda con nadie. Tú estás haciendo lo que debes hacer.

— Segundo, no hay que preocuparse por lo que puedan pensar o decir los demás, sino por lo que tú pienses; debes tener las ideas claras y sentirte seguro de ti mismo, sin buscar la aprobación de los otros sino tu propia aprobación, un compararte con nadie, ni acomplejarte por nadie (tú eres tú y te tienes que aceptar como eres); ni tampoco culpabilizarte de las cosas que ocurren, las cosas pasan porque tienen que pasar.

— Tercero, debemos ser optimistas, creer que todo tiene solución y que por tanto agitarse no lleva a nada. Hay que pensar que equivocarse es normal — y no castigarse por ello — e incluso bueno porque te fuerza a buscar soluciones y también a aceptar los problemas tal como vienen, y adaptarte a ellos y pensar que no son problemas, sino cosas que te ayudan a superarte.

— Cuarto, debemos tener nuestros propios límites, pero para ello primero hay que reconocer que los tenemos y saber cuáles son; y segundo, ser críticos los podemos superar, para lo cual necesitamos ayuda porque no es fácil hacerlo.

— Quiero, hay que evitar las actitudes negativas: el odio, el rencor, la envidia, el mal humor... y pensar que no sirven para nada más que para amargarte a ti mismo y amargar a los demás. La mejor forma de vivirlo es hacerlo justo lo contrario: el amor, el afecto, la conformidad, el buen humor...

— Y, para terminar, el punto sexto es pensar en lo abstraido que eres, ante-poniendo a la vida y poniendo buena cara, ser feliz y hacer felices a los demás, valorar y disfrutar de lo que tienes, no darle importancia a las cosas que no la tienen y también tener sentido del humor, saber reírte de tus propios defectos y sacarle punta; esto es un claro sistema de inteligencia, porque te estás analizando a ti mismo.





## GALICIA GLASS BY GLASS

Author: Mariano Fisac

Illustrations: Paula Mayor



Mariano Fisac had already taught us to drink good wines without ruining us from his blog, Mileurismo Gourmet. Now, from the pages of this book, he shows us a Galicia of grapes and vineyards that return the respect to the earth, producing wines that awaken all the senses before reaching the palate.

Do you need to "know about wine" to enjoy it? The answer is NO, but even if you want to go deeper in this world and really "know about wine", you only need your eyes, your nose, your mouth and some time.

Here is the core idea that guides this book, especially dedicated to those who want to appreciate and enjoy wine without great paraphernalia.

In these pages only have producers that make traditional elaborations and do without aggressive residual treatments with the environment.

Galicia is not only land of albariños. This land hides great world class whites, and tasty reds, elegant, intense, refreshing and unique.

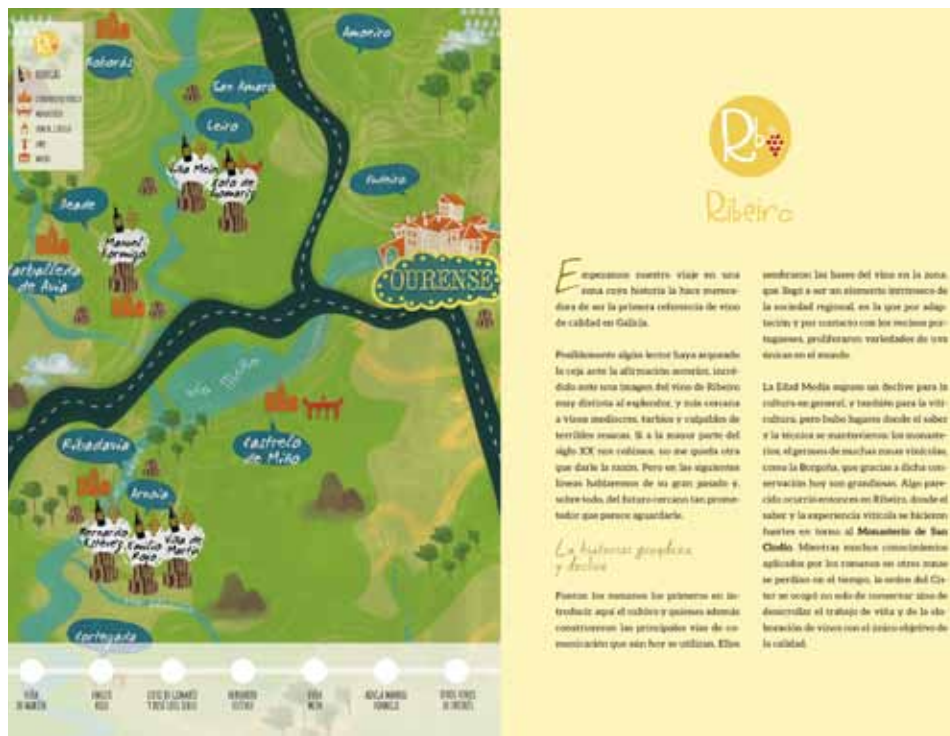
Pepe Solla (in the Foreword)

(...) it has done an unpayable job to recover and enhance the native grapes, the old ones, which sometimes we thought forgotten and even not valuable! But luckily a handful of heroes whom we know in this book are preserving that heritage, and now we are grateful for it.

Title: Galicia entre copas

16,5 cm x 24 cm. 240 pp.

Rights available for all languages

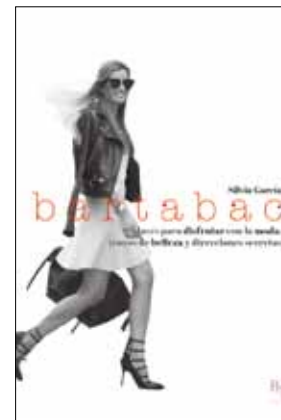


## BARTABAC.

Keys to enjoy fashion, beauty tricks and secret addresses

Author: Silvia García

Illustrations: Paula Mayor



Silvia was clear that she wanted to write a book that made fashion fun, with keys to face the closet every day, to organize and create versatile styles from the simplicity but without fear of risk and innovation to find that style that favors us and with which we feel comfortable. Basic with essential garments and looks suitable for each season, without forgetting her beauty tricks.

In addition to revealing her sources of inspiration and advising us when shopping, the author dedicates an extensive section to her other passion, traveling, and she discovers for us the capitals of the fashion world (New York, Paris, London ...) but also hidden places, and each destination is an opportunity to suggest looks, to recommend establishments and to share her secret addresses.

Style keys, wardrobe confidences, beauty tricks or tips to get the most out of our clothes make up a good part of this book.

Title: Bartabac. Claves para disfrutar con la moda, trucos de belleza y direcciones secretas

16,5 cm x 24 cm. 192 pp.

Rights available for all languages



## INSIDE LOVELY PEPA'S WORLD

Author: Alexandra Pereira Romero

Illustrations: Paula Mayor



Title: El mundo de Lovely Pepa  
16,5 cm x 24 cm. 192 pp.  
Rights available for all languages

For over 4 years, Alexandra Pereira has been writing brief blog posts on the latest fashion trends, her look of the day, her trips, her professional commitments, in short, her vertiginous daily life, via her very successful blog Lovely Pepa.

Not only does she share her personal secrets with us, but in this book, Alexandra also reveals her principles in relation to fashion, beauty, and diet. And offers advice and tricks on how to always look immaculate and healthy. In fact, Alexandra finally gets to answer, in detail and with the dedication they truly deserve, all of those questions that millions of her followers have been posing for ages, such as what the essential items in your wardrobe should be, how to create various completely different looks from one item, or even how to eat well, or deal with stress.



## DRESSING FROM THE FEET UP

Author: David García Bragado



Title: Vestirse por los pies  
16,5 cm x 24 cm. 232 pp.  
Rights available for all languages

"Dress from the feet" is the slogan chosen by David García Bragado to name a successful blog in which, since 2012, shares with his followers the keys of masculine elegance.

The choice of name is not casual, but a tribute to the garments traditionally worn by men, trousers and breeches, characterized by the fact that they could only dress from the bottom up.

With the same philosophy of recovering the elegance of men as always, David García Bragado makes in this book a meticulous tour of the clothes and the appropriate occasions to use them. Classic or contemporary, these pages reveal the keys of an authentic gentleman and the essential pieces in his dressing room.

To do this, the author reveals all the possibilities of the men's wardrobe, with their successes and their errors.

For both fashion enthusiasts and those who find it hard to come up with their own keys, this style manual is an essential reference, a "basic" that every man should have as a bedside book.

"It was an honor to be invited to write this prologue to the intelligent and insightful book of David García Bragado on the theme of the wardrobe of a perfect gentleman. His research is enormous and this edition is an invaluable book for any man who is beginning his quest for sartorial excellence"

Mr. James Sherwood, author of the prologue.





## AT JOHN LENNON'S HOUSE

Author: Rosaura López Lorenzo,  
written with the help of Eduardo Herrero Lapido



Rosaura was present throughout some of the most intimate years of Lennon's life; a time when little is known about his activities as he opted to stay at home and devote himself to his wife and family. This Galician woman was a privileged eye-witness of the daily life of this idol of masses in a setting that even today draws dozens of curious onlookers every day.

Financial profit was the last thing on Rosaura's mind. Indeed, it was only following the continued insistence of Lennon's devoted fans that she agreed to share her experiences with the rest of the world: in addition to her memories, this work also features photographs, notes, sketches and gifts given to Rosaura by the Lennons. Snapshots of the domestic life of this Liverpool-born man, who, in the company of three friends, moved the world with his music and messages.

Rosaura's work (written with the help of her friend, the journalist Eduardo Herrero) is an affectionate insight into her unique experience with the Lennon family in New York's emblematic Dakota Building.

Title: En casa de John Lennon  
21 cm x 15 cm. 160 pp.  
Rights available for all languages



# F I C T I O N   B O O K S

© Lomarti from the book A morte do meu pai >





## THE DEATH OF MY FATHER

Author: Afonso Eiré



Title: A morte do meu pai  
16,5 cm x 24 cm. 160 pp.  
Rights available for all languages

The death of my father. A story, a sea of feelings, a personal story that becomes universal at the same time as we see ourselves reflected in the episodes, the reflections, the anxieties and the anguish, fear and pain, but also hope, calm and resignation ... And irony. And pieces of personal history that transcend and become life lessons that explain the past (the proclamation of the Republic, the Civil War as a soldier and human relations).

Mixed life and death, holding hands in a hospital.

Literature with capital letters, with emotions that are devoured or engulfed and words that reach the heart like hot embers and trap our thoughts as spells. Its effects do not fade when you finish reading.

—As cousas non che están moi ben. Eu seiño sen que o médico diga nada.

—Non me veñas con esas, Xavieriño. Lémbraсте daquel conto que sempre me relatabas, o da Xenoveva de Vilanova que chama ao médico Cedrón para que decreta a defunción do seu home; o médico asina o certificado pero, ao outro día, cando van tapar a caixa para enterralo, o Tiroliro levántase: “Que fas?”, preguntálle a muller, “Para onde vas?, non ves que estás morto?”. “Que vou estar morto nin que carallo”. A Xenoveva colle o certificado e dálle con el nas ventás: “Ti méteste na caixa e caía, o médico di que estás morto..., ou vas querer saber ti máis ca o médico, lampantín?”.

Volvo atoparme no corredor, cara a ningures, eu só. Entrou o médico internista con toda a súa caterva detrás e bótame de novo fóra. Eu aquí, agora, agardando, coma se fose no corredor da morte, o veredicto de execución. Pero non son eu, é o meu pai o que está condenado. Non dou sacado os pensamentos negativos do maxín, aínda que, cada vez estou máis tranquilo, achantado. Quero pensar e penso que viviu até os 95 anos, con todas as súas capacidades mentais en uso. Que viviu ben, como el quería... Pero a idea da morte é máis forte e vénme unha e outra vez á mente, ensinando todo, facéndose con cada un dos meus pensamentos e enchendo de mágoa o corazón. Dóenme aínda moito máis os sentimentos ca a razón, nunha puxa entre a realidade inevitábel e o desexábel.

Agardo. Agardo e non quero pensar, pero penso. Estou canso. Sinto debilidade nas pernas que queren encrenqueñarse. Os brazos cóenme coma se unha maroma tirase por eles para baixo. Dóenme a caluga e as tempas. Non, non teño ganas de chorar. Non teño ese sentimento que envolve todo o corpo. A dor vai por partes e a cabeza non fan de dárle voltas.

Dáme por cavilar que tan os médicos tanto tempo aí dentro. Decido que é bo que tarden. Suporto que xa traerán con eles todas as análises que lle fixeron. O electrocardiograma... E volvo

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## STRAKAS. HISTORY OF AN INFAMY

Author: David Otero Arias



Title: Strakas. Historia de una infamia  
16,5 cm x 24 cm. 272 pp.  
Rights available for all languages

Strakas is the nickname of a boy born in 1940 in the suburbs of a little town. Torn out by the authorities of the brothel where his mother worked, his childhood in the orphanage toughened up his character and by the age of twelve, he had already drawn up a survival plan, whose objective was to be become rich and get away.

But destiny makes him meet again his first teacher Aurita, who, unknowingly, is in danger. And what seemed like a perfect plan is overwhelmed by the harsh reality, much more dramatic than he had ever imagined. And the tension grows and events rush, and every time calm comes back, a new front opens.

Strakas is not a friendly character, but that's precisely why he ends up being a very real and close character. We are all a little Strakas, for good and for bad.

Bentila le comentaba al padre de uno de sus compañeros, un falangista de bigotillo y voz atiplada que fumaba en bequillo de nácar con las putas de “El Edén”. Según la maestra, la señorita Aurita era una roja camuflada, una pija de cuidado cuya influencia sobre los niños, el año anterior, había sido nefasta, así estaban los mozalbetes de su clase de mal educados y bárbaros que ni cantar bien el “Cara al Sol” ni “Montañas Nevadas” sabían; pero ahora estaba ella que iba a meter en cintura a la caterva de piojosos.

La verdad es que Strakas apenas entendió parte de lo que oyó, aunque lo que más perplejo le dejó fue lo de “roja”. ¿Qué coño sería eso, acaso se refería a alguna religión? En alguna ocasión él había oído mencionar algo parecido en “El Edén”, pero como la mayoría de los hombres que frecuentaban el club estaban borrachos, tenía por costumbre no escucharles ni hacer caso de los insultos y bromas que solían hacer a su costa; no obstante le preguntaría, en cuanto tuviese ocasión, a *la Gafas*, tal vez ella supiese de qué se trataba.

Lo que sí supo más adelante fue que la señorita Aurita no volvería nunca al colegio ni a la ciudad: había sido deportada a otra localidad, pero no sabía a cuál.

El verano pasó en un suspiro y nuevamente *la Chusa* tuvo que comprar libros nuevos: la bata y las botas sirvieron las mismas, pues Strakas, con casi ocho años, seguía teniendo las hechuras del curso anterior. No había cambiado mucho físicamente, pero algo en su interior había comenzado a crecer con una fuerza inusitada; ese algo se llamaba rencor, era un sentimiento que sin casi notarlo se había ido decantando en él, como un poso que crecía cada día que pasaba, un sentimiento que con los años se haría más grande que él mismo y que estaría presente en las decisiones más importantes de su vida. Nunca olvidaba una afrenta, jamás perdonaba una ofensa. Sumiso, miraba al suelo, siempre mirando al suelo, pero en su privilegiado cerebro quedaba, como grabado a fuego, la ofensa, el ofensor, el día y el lugar exactos, no se equivocaba en esto nunca.

Apenas habían comenzado las clases cuando la vida del muchacho iba a dar un giro absolutamente inesperado.

Ocurrió una noche del mes de noviembre a eso de las once. El ruido en las habitaciones, las carreras apresuradas y los gritos ahogados de las prostitutas hicieron que Strakas se levantara de un salto del jergón en el que dormía en la despensa, muy cerca de la cocina de carbón: lo habían colocado allí para que no molestase con su presencia y para curarle de los constantes catarros que le impedían acudir a clase la mayor parte del curso.

Una patada en la puerta le hizo acurrucarse entre el saco de las patatas y el de harina. Un hombre vestido con uniforme gris, y que a él le pareció un gigante —¡el hombre más alto que había visto en su vida!—, lo cogió de un brazo levantándolo como si fuese una pluma. Strakas, más que seguirle, era arrastrado por el policía armado hasta el salón de la casa donde las prostitutas —a medio vestir unas, semidesnudas otras— temblaban de frío y de miedo a la vez que lloriqueaban. El policía soltó al muchacho y este corrió a abrazarse a las piernas de su madre, que lo recibió apretando su cuerpo contra ella mientras miraba compungida a un hombre de traje azul y sombrero gris que fumaba lentamente una pipa

marrón; apenas la despedaba de sus labios, llenando la estancia de un fuerte olor a tabaco burato. Era el inspector Fadrique, un cincuentón de complexión fuerte y rasgos afeminados. Strakas ya había vivido más de una rodada en “El Edén”, pero, sin saber muy bien el porqué, aquella vez algo no encajaba en el protocolo al que estaba acostumbrado: las caras de espanto de las putas no hacían más que corroborar su impresión y el que su madre lo abrazase le dio la certeza de que algo muy serio estaba ocurriendo.

Fadrique observaba la escena desde la nebulosa del humo de su pipa como si él realmente no estuviese allí, en aquel salón lleno de mujeres llorosas.

Cuando habló lo hizo con autoridad y en voz apenas audible: —“Vayan a sus cuartos y vístanse decentemente. Vienen conmigo a la Comisaría, tienen cinco minutos. Tú, mocoso, vístete también”.

En un silencio tan poco habitual en aquella casa, incluso en las noches de resaca, las mujeres se dirigieron cada una a su cuarto presurosas, mirándose furtivamente entre ellas pero sin despegar los labios. Strakas se vistió también y volvió al salón donde *la Mula* y *la Gafas*, vestidas y con el bolso (al que se aferraban con ambas manos), esperaban mirando al suelo.

Cuando todas las putas estuvieron en el salón, a una orden de Fadrique varios policías las fueron empujando hacia la salida de la casa para introducir las inmediatamente en un enorme camión con toldo negro y sin lugar para sentarse, así es que se fueron agarrando como podían a la estructura que sostenía la tela del techo.

Cuando Strakas, cogido de la mano de *la Chusa*, iba a salir del salón, el inspector Fadrique les detuvo con un gesto de su brazo y, mirando al rapaz, le dijo: “Tú no, tú no vas a la Comisaría”. “Padre...!”, llamó con fuerza.

De entre las sombras de uno de los pasillos que daban al salón apareció la ensomnada figura del cura putero que tantas veces había visto en “El Edén”. Muy serio, se dirigió sin preámbulos hacia Strakas. Lo cogió con fuerza del brazo mientras este, con los ojos muy abiertos, le suplicaba con la mirada a su madre. De un tirón, don Guillermo venció la pobre resistencia de *la Chusa* y le arrancó al muchacho. Y, sin dirigirle una palabra a nadie, salió a la calle como si llevase colgando un muñeco deformado que, a trompicones apenas podía seguir el paso enérgico del cura.

...

Lo demás, su llegada al Hospicio, los pescozones de las monjas, las patadas de los otros hospicianos, los insultos y la soledad fueron el potro de torturas donde el cuerpo y el espíritu de Strakas se hicieron fuertes, firmes, impenetrables. Allí, aquellos cuatro años de sufrimiento llenaron su alma del odio más recalcitrante hacia todo y todos los seres humanos que conocía: a su madre, que nunca fue a verle; a su padre, el cura putero que lo abandonó allí a merced de la caridad

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